



## Community Health Improvement Planning COPD POPULATION SCREENER\*

Instructions: Answer the following questions by placing an (X) in the box that best describes you. Once the 5 questions have been answered, follow instructions in the How to Score Your Screener section.

1. During the past 4 weeks, how much of the time did you feel short of breath?
 

<b>None of the time</b>	<b>A little of the time</b>	<b>Some of the time</b>	<b>Most of the time</b>	<b>All of the time</b>
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
0	0	1	2	2
  
2. Do you ever cough up any "stuff", such as mucus or phlegm?
 

<b>No, Never</b>	<b>Only with Occasional Colds or Chest Infections</b>	<b>Yes, a few days a month</b>	<b>Yes, most days of the week</b>	<b>Yes, every day</b>
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
0	0	1	1	2
  
3. Please select the answer that best describes you in the past 12 months. I do less than I used to because of my breathing problems.
 

<b>Strongly Disagree</b>	<b>Disagree</b>	<b>Unsure</b>	<b>Agree</b>	<b>Strongly Agree</b>
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
0	0	1	2	2
  
4. Have you smoked at least 100 cigarettes in your ENTIRE LIFE?
 

<b>No</b>	<b>Yes</b>	<b>Don't Know</b>
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
0	2	0
  
5. How old are you?
 

<b>Age 35 to 49</b>	<b>Age 50 to 59</b>	<b>Age 60 to 69</b>	<b>Age 70+</b>
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
0	1	2	2

\*COPD Population Screener is a trademark of QualityMetric Incorporated

**How to Score Your Screener:** In the spaces below, write the number that corresponds to your answer for each of the questions. Add the numbers to get the total score. The total score can range from 0 to 10.

\_\_\_\_\_ + \_\_\_\_\_ + \_\_\_\_\_ + \_\_\_\_\_ + \_\_\_\_\_ = \_\_\_\_\_  
 (#1)    (#2)    (#3)    (#4)    (#5)    TOTAL SCORE

**If your total score is 5 or more**, this means your breathing problems may be caused by chronic obstructive pulmonary disease (COPD). The higher your score, the more likely you are to have COPD. COPD is often referred to as chronic bronchitis and/or emphysema and is a serious lung disease that slowly gets worse over time. While COPD cannot be cured, it is treatable, so please share your answers to the five question screener with your healthcare professional (HCP).

**If your total score is between 0 and 4**, and you are experiencing problems with your breathing, please share your answers to the five-question screener with your HCP.

Only your HCP can decide if you have COPD. Your HCP can help evaluate your breathing problems by performing a breathing test, also known as spirometry. Don't wait. Call your HCP today to make an appointment to see if you may be at risk for COPD. Remember, when speaking to your HCP, be honest and open in describing your symptoms and explain how your breathing problems affect your activity level on a daily basis.

**Note to Doctor/Healthcare Provider:** The COPD Population Screener™ (COPD-PS™) is an easy-to-use, validated tool designed to identify patients at risk for COPD.

- The COPD-PS™ has been validated in a diverse population age 35 and older
- The five questions in the COPD-PS™, culled from a 52-question initial survey, were found to be the most likely to predict COPD
- The study's predictive value is 0.59 (AUC) with 88% of COPD cases correctly classified
- A clinical diagnosis of COPD should be confirmed with spirometry
- Please visit [DRIVE4COPD.COM](http://DRIVE4COPD.COM) to learn more about this screener and its validation

**About the score:**

- Score 5-10 — High risk of COPD
- Score 0-4 — Low risk of COPD

**\*\*The sole intent and purpose of this screener is to help create awareness within individuals about their risk of COPD\*\***